

Journeys: Virtual Edition

We connect mind and spirit so individuals, families, organizations and communities thrive. YOU make it possible.

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Faith Leaders, Deacons, Pastoral Care Teams, Stephen Ministers:

Do you serve older adults?
Register for this workshop
to minister more skillfully.



Mental Health in Older Adults

Thurs., May 18

8-11:30 a.m.

Grand Meridian

2621 N. Oneida St., Appleton

\$50 includes hot breakfast

[Register now](#)



Silent Samaritan Campaign

and

Thank You Luncheon

Silent Samaritan Campaign

Now - May

Annual campaign raises money for Samaritan Counseling Center's Samaritan Fund so low-income women can access counseling they need.

*For giving a gift of hope to the campaign,
you're invited to a*

Thank You Luncheon

Thurs., May 4, 2017

11:30 a.m. - 1:00 p.m.

Planning to support the campaign and attend the luncheon? Many new friends of the center want to support our speaker and her powerful message. **GIVE EARLY TO HOLD YOUR SEAT.**

**NOTE NEW LOCATION

Bridgewood Resort & Conference Center

1000 Cameron Way, Neenah

(accommodates tremendous interest already received)

Suggested gift: \$100 or more

Luncheon Keynote

Former Samaritan

Learn to recognize mental illness in older adults, and explore research on spirituality as a resource for healing among older adults.

Guest speakers:

- **Dr. Art Walaszek**, board-certified geriatric psychiatrist and Professor of Psychiatry at the UW School of Medicine and Public Health.
- **Susan H. McFadden, Ph.D.**, Professor Emerita of Psychology, UW Oshkosh, and research consultant for the [Fox Valley Memory Project](#).

[REGISTER](#)

Screenings Show Nonsuicidal Self-Injury Behaviors in Teens



Samaritan's Connected Community Wellness Screen program provides emotional health screenings to students in 10 of the region's school systems.

It is important to be aware that this year's **screenings are showing a prevalence of students engaging in nonsuicidal self-injury (NSSI) behaviors.**

What is NSSI? It is self-inflicted harm to one's body without the intent of suicide.

NSSI behaviors, common among teens, can be difficult to detect since the act is often secretive and involves body parts which are relatively easy to hide.

[Learn more](#) on our blog about:

- **why teens use NSSI**
- **signs of self harm**
- **what to do if you detect NSSI**



client **Sandra Began** will share her **story of strength and healing** after her husband's death by suicide.

[Learn more](#) and give a gift.

Celebrate with us!

- Counseling team passes state certification with flying colors
- Spanish-language support group meets



Our counseling clinic once again received a "seal of approval" from the State of Wisconsin's Department of Health Services. Certification ensures that our outpatient mental health care meets or exceeds the standards set by the state.

Did you notice the identical t-shirts our counseling staff are wearing in the photo above? The shirts read Be Kind and are an awareness-raising and fundraising effort of [NAMI Fox Valley](#), our local affiliate of the National Alliance on Mental Illness. Every Wednesday staff members who wear their Be Kind t-shirts also can wear jeans to work.

Speaking of NAMI Fox Valley, we and NAMI also are celebrating the launch of our collaborative Spanish-language mental health center. For the first time, NAMI Fox Valley's

behaviors in a teen

Questions about
[Wellness
Screen](#) or [E3](#)?

[Contact our
program
director.](#)



Jen Parsons
Wellness Screen/E3
Program Director

Are you a member of Thrivent Financial?

Your 2016 Choice Dollars®
designations are **due March 31.**



Looking for an organization to designate
your **Thrivent Choice Dollars®**?

Eligible Thrivent Financial members can
recommend where Thrivent distributes a
portion of its charitable outreach funds
using a vehicle called Choice Dollars®.
This is part of the Thrivent
Choice® member-advised charitable grant
program.

Samaritan Counseling Center
is enrolled in Thrivent Choice® and
[can accept Choice Dollars®.](#)

Designate your Choice Dollars® today
and **make a difference!**

Visit Thrivent.com/thriventchoice to
[learn more.](#)

Samaritan Counseling Center

Contact:

[Lisa Strandberg](#)

Director of Development and Communications
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support group for Spanish-speaking
teens met in Samaritan's Menasha
office.

Our collaboration will bring NAMI Fox
Valley's education and peer support
services and Samaritan's
counseling services together under
one roof – in Spanish speakers'
primary language!

This innovation is made possible by
the *Basic Needs Giving Partnership
Fund* within the Community
Foundation for the Fox Valley
Region, with support from the J. J.
Keller Foundation, the *U.S. Venture
Fund for Basic Needs* and other
community partners.



Welcome Back!

Ali Ambroso, MA, LPC



Ali recently returned to the Samaritan staff
after a short leave of absence. We are so
happy to have her back!

Ali enjoys helping clients of all ages **work
through their pain and trauma to stop
suffering.** She has been trained in
Trauma Focused Cognitive Behavioral
Therapy.

Ali also **specializes in working with
families adjusting to change** and finding
ways for each member to cope.

Ali sees clients at our Menasha office.

Welcome, New Therapists!

Jose Rodriguez, LCSW, SAC

and

Kara Palasz, MA, CSAC, LPC-IT



Jose is a ***bilingual Spanish- and English-speaking therapist***. He ***sees adult clients in Oshkosh and Menasha***.

Kara is a ***resident therapist***. She ***sees adult, adolescent and child clients in Oshkosh, Menasha*** and Oshkosh's Living Healthy Community Clinic, a Samaritan Counseling Center partner.

Both Jose and Kara joined Samaritan on March 20.

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