



Hello,

As a nonprofit counseling center, we have a dedicated board of directors (pictured above) who are as committed to mental health as our staff. **Our board president, Mary Beduhn** (seated fourth from the left), recently wrote this to her board peers:

"We are indirect healers, sharing stories and asking for help in our mission. We have taken on the ministry of helping to heal a portion of humanity that is in need of hope."

You, too, are an indirect healer! Thank you for being a friend of Samaritan as a volunteer, a donor, a partner, a program participant, an advocate, or a client. **As part of our team, you are helping to heal those in need of hope.** Read on for news from the "hope" front!

Get Involved!

Become A Partner Today!



Save the Date!
Oct. 2, 2018
7:30-10:45 a.m.

[Registration now open!](#)

Thank you, Ethics in Business partners

Presenting Partners



Minister effectively to mental health



Ten faith leaders from six faith communities already have registered for the [Faith Leader Mental Health](#)

EARN CREDITS in 2018
2.5 ethics CLEs for attorneys
2.5 ethics CPEs for CPAs
2.5 PDCs for HR professionals

Keynote Speaker
Chuck Gallagher



Chuck shares his personal story of learning the hard way about the con. Learn through him how to set the stage for your organization's ethical success.

[Register Now](#)



Collaborator Partner



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Exceptional Leadership**

Investing Partners

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**Community Foundation
for the
Fox Valley Region**

Keller, Inc.

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Integration Project. Please consider joining them!

This six-month series of 2-hr. workshops meets the first Thursday of the month starting **Sept. 6, 2018** (Iskipping December) in the Wenzler Community Room at Miron Construction.

The series covers mental health topics relevant in ministry, including:

- Addiction
- Effective referrals
- Community Resources
- Partnering with Mental Health Professionals

Cost for two individuals from your faith community is only \$150, thanks to grants from the International Association for Clear Thinking and the John N. Bergstrom Fund at First Presbyterian Church of Neenah. **Sign up now** to help minister to your flock's mental health needs.

[Register Now](#)



We collaborate with NAMI Fox Valley in the Mental Health Ministry Initiative.

Grief Time: A Tool for Healing



Grief takes time, writes therapist Hannah Keesler in a [recent blog post](#) -- but we don't often *make* the time to grieve.

That's why Hannah encourages her grieving clients to plan daily "grief time" in their schedules. **"We do this with several activities in our day already, including hygiene, eating, sleeping, and checking the mail. When we set aside time for something and prioritize it, it is less intrusive during other parts of our day,"** Hannah writes.

Hannah's [specific strategies for grief time](#) include setting a duration and choosing activities to process your grief.

A Sip of Success



You make a difference for parents in desperate need of support for their kids. One mom wrote to her child's counselor:

"You were the perfect match! I can't imagine who you wouldn't be a great match for. You're focused, humorous, down to earth, faithful and reasonable."

Samaritan News



**New Training Coordinator
Joins Samaritan Team**



**New Client Benefits Specialists
Speak Three Languages**

Samaritan is lucky to welcome three new faces on the front lines of client care -- and

Samaritan is excited to welcome **Leah Szemborski** to our counseling team. Leah joins us as training coordinator, supporting new therapists as they work toward full licensure.

Leah is excited to connect mind and spirit in her work as a counselor. She will see clients in our Menasha and Oshkosh offices.

When Leah is not at work, she's probably at the park with her three daughters, husband and Doberman puppy. She received her bachelor's degree in psychology from the University of Wisconsin-Stevens Point and her master's degree in counseling and substance abuse from Southern New Hampshire University.

Leah joins our team in a role made possible by a capacity building grant from unrestricted funds within the Community Foundation for the Fox Valley Region.

even luckier that together they speak three languages!

Virginia (at left) speaks both English and Spanish. She joins us with 16 years' administrative experience in support of **Centro Esperanza**, a Spanish language mental health collaboration with NAMI Fox Valley. Her role is funded in part by a grant from the Augustine Stewardship Fund Trust.

Choua (center) speaks English. She has a bachelor's degree in human development with a minor in psychology. She worked most recently for Big Brothers Big Sisters of Manitowoc County.

Mai (at right) speaks both English and Hmong. She is a recent graduate of the medical administrative professional program at Fox Valley Technical College.



Thanks for your interest and investment in Samaritan. You are a hero to the clients and students who seek our care.

Sincerely,

Lisa Strandberg
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Samaritan Counseling Center

[Website](#)

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