

# Journeys: Virtual Edition

We connect mind and spirit so individuals, families, organizations and communities thrive. YOU make it possible.

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[2,685 students got free mental health check-ups this year!](#)

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**Oshkosh Friends:  
Come and see what's  
new at Samaritan!**



## Welcome New Therapist Mari Krueger!



**Mari Krueger, MSE, BSN, RN, LPC**

Mari Krueger recently joined the Samaritan counseling team. Mari is a licensed professional counselor with more than 25 years' experience in mental health nursing.

Mari has experience and enjoys working with individuals with a variety of issues including:

- **chronic mental illness**
- **chronic health issues**
- **anxiety**
- **depression**
- **life transitions**
- **grief and loss**
- **stress management**
- **trauma**

Tues., July 18, 12-1 p.m.

or

Wed., July 26, 5-6 p.m.

First Presbyterian Church  
110 Church Ave., Oshkosh

- Meet new AODA therapist **Kara Palasz** (July 18) and therapist **Mari Krueger** (July 26).
- Hear from executive director Rosangela Berbert about our **expanded AODA services**.
- See our newly renovated counseling offices!

RSVP by July 14 to board president [Mary Beduhn](#).

[www.samaritan-counseling.com](http://www.samaritan-counseling.com)



**Save the Date!**

**Oct. 3, 2017**

**7:30-11 a.m.**

[Registration now open!](#)

**NEW in 2017:**

**2.5 ethics CLEs for attorneys**

**2.5 ethics CPEs for CPAs**

**2.5 PDCs for HR professionals**

**Keynote Speaker**

**Dr. Bruce Weinstein**

The Ethics Guy®

Author,

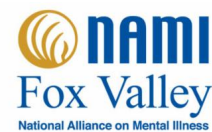
*Ethical Intelligence: Five Principles for Untangling Your Toughest Problems at Work and Beyond*

• **relationship issues**

*"I believe in a holistic approach to counseling and that the integration of mind, body, and spirit is the essence of health and healing."*

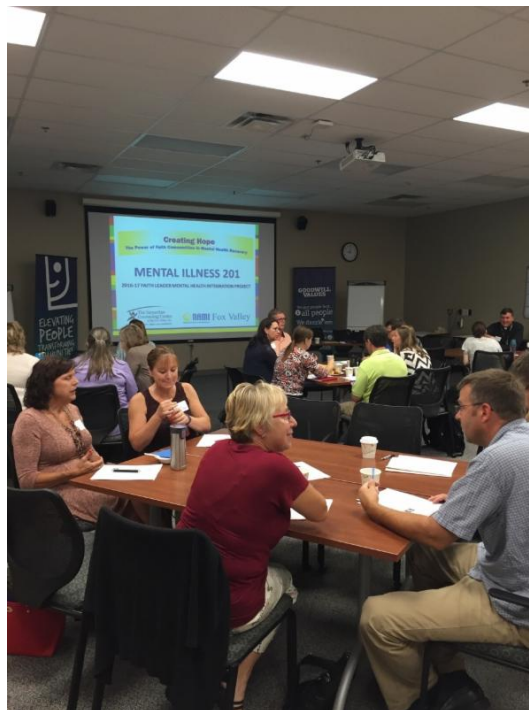
*"Through the therapeutic process, I will walk alongside you providing guidance and a safe, supportive place to explore whatever challenges you may be facing."*

[Mari](#) sees **adolescents and adults** in our **Oshkosh and Menasha** offices.



## **Faith Leaders: Build Your Skills in Ministering to Mental Health**

**Faith Leader  
Mental Health Integration Project**  
*Now in its second year!*



**Third Thursdays (except December)**  
**Sept. 21, 2017, to March 15, 2018**  
**9-11 a.m.**

Miron Construction  
Wenzler Community Room



Dr. Weinstein will lead you in an interactive discussion of the five principles of ethical intelligence, their substantial benefits, and strategies to overcome challenges that arise in applying the ethical principles.

All participants receive a copy of Dr. Weinstein's book *Ethical Intelligence* courtesy of Community First Credit Union.

[Register now.](#)

Presenting Partners



Book Partner

1471 McMahon Dr., Neenah

\$295 for 2 participants in the full series

[Register today.](#)

You are a mental health lifeline for many in your faith community and beyond. Equip yourself to lead people to wellness in mind and spirit with this six-session series focused on one of the most relevant issues of our day.

Here's what two of your peers who participated in last year's cohort had to say about the integration project:

*"Thank you so much -- this pertains to members of my congregation!"*

*"Thank you -- I am reinvigorated to put my time into promotion of this important ministry."*

[Learn more](#) about how your team of two -- and your entire faith community -- will benefit from your participation. [Or register now!](#)

## Summer Routines Keep Kids (And Adults) Mentally Healthy



[Learn more](#) in Samaritan therapist Kara Palasz' blog post.



*Kara Palasz is a substance abuse counselor and licensed professional counselor in training. She sees clients in our Oshkosh and Menasha locations.*



## Hospitality Partners

Bemis Company

Rotary Clubs  
of the Fox Valley

## Investors

American National Bank

Community Foundation  
for the Fox Valley Region

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## Interest Grows in Spanish Language Mental Health Center



This week two energetic focus groups led by Maria Elena de Leon of Sinergia LLC completed two weeks of work exploring branding and marketing opportunities for the Spanish language mental health center Samaritan and NAMI Fox Valley are co-launching in 2017.

The center is made possible by a three-year grant from the *Basic Needs Giving Partnership Fund* within the Community Foundation for the Fox Valley region supported by the *U.S. Venture Fund for Basic Needs*, the J. J. Keller Foundation, Inc. and other community partners.



Connected  
Community  
WELLNESS SCREEN  
BWell2Excel

## 2016-17 School Year In Review

Samaritan Counseling Center's school-based mental health screening program recently completed its fifth year serving students in Outagamie, Winnebago, Calumet and Waupaca counties.

During 2016-17, 10 school systems invested in student access to mental health check-ups through [Wellness Screen](#):

- Appleton Area School District
- Hortonville Area School District (as part of the E3 collaborative program)
- Kaukauna Area School District
- Little Chute Area School District
- School District of New London
- School District of Omro
- Oshkosh Area School District
- Seymour Community School District
- St. Francis Xavier Catholic School System
- Winneconne Community School District

### 2016-17 Academic Year Screening Stats

- 5,749 students had access to screening.
- 2,685 students were screened.
- 483 students were referred for care.

These figures reflect a 32% increase in access to screening and a 55% increase in screening participation vs. 2015-16.

Thank you to the following organizations for supporting Wellness Screen in 2016-17. **You helped make this life-saving work possible.**

### Basic Needs Giving Partnership Fund



OSHKOSH AREA  
COMMUNITY  
FOUNDATION

J. J. Keller  
Foundation, Inc.



Results and recommendations will be presented in mid July. Stay tuned for more info.

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**Samaritan Counseling Center**

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Communications

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women's fund  
for the fox valley region, inc.

 Kimberly-Clark | cares

**Girls' Grantmaking  
Project**

**Plexus Corp. Charitable Foundation  
Menasha Corp. Charitable Foundation  
Galloway Company  
First Congregational UCC, Appleton  
Silver Star Brands**