

Journeys: Virtual Edition

We connect mind and spirit so individuals, families, organizations and communities thrive. YOU make it possible.

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Oct. 3 Ethics Summit Inspired 260 Leaders to Make Things Better

Ethics means making things better – for others, and for yourself. That key message inspired the 260 attendees at Samaritan's third annual Fox Valley Ethics in Business Summit.

Keynote speaker Dr. Bruce

November is

National Adoption Month



childwelfare.gov/topics/adoption/nam

The Joy of Adoption/Foster Care Includes Trauma, Healing and Recovery

Samaritan therapist [Elysabeth Meehan](#) has a passion for adoption and foster care. She herself was adopted as an infant, and she and her husband have fostered children and adopted a daughter internationally.

Through counseling, Elysabeth has had the privilege of working closely with adoptees preparing to transition into their adoptive families. In her work and her personal experience, she has found that all fostered or adopted children have experienced trauma.

"You cannot have the joy of adoption without first having the tragedy of the child losing their first family and their heritage. Whether the situation they are coming from is a positive environment or not, it is still a loss for them," Elysabeth says.

Weinstein, The Ethics Guy, infused interaction and humor as he presented five principles of ethical intelligence: Do No Harm, Make Things Better, Respect Others, Be Fair and Care. An attendee said it best: "Good info, delightfully presented."

Thank you to our partners for making the summit possible!

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Love, a stable home along with learning the effects of the trauma on the child(ren) and becoming a part of the healing and recovery process are a required part of being an adoptive/foster parent.

[Learn more on her blog about:](#)

- **Elysabeth's experience**
- **resources for adoptive/foster parents**
- **how to help foster/adoptive children with trauma, healing and recovery**

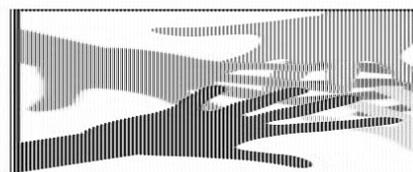


Elysabeth Meehan has a passion for working with families formed through foster care or adoption.

Elysabeth also has specific experience working with men who have faced domestic violence charges.

Elysabeth sees clients in the Menasha and New London offices.

Elysabeth Meehan,
MSW, APSW
920-886-9319



Young adults face many stressors in their lives. Sometimes these issues can become overwhelming and concerning. Screening can reveal anxious and/or depressed feelings that may require further evaluation.

The following 10 school systems support students and families by partnering with [Samaritan's Wellness Screen program](#) to provide school-based mental health check-ups. Wellness Screen helps identify potential concerns and provides resources to students and parents.

- **Appleton Area School District**
- **Oshkosh Area School District (Rise Up)**
- **Hortonville Area School District**

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Executive Director Speaks at Innovation Conference



On Oct. 18, **executive director Rosangela Berbert** (center) joined Tom Wiltzius, Ph.D. (left), principal of enVision Performance Solutions, LLC, and Todd Ericksrud (right), president and CEO of MatchBack Systems, Inc., in a panel discussion on innovation. The discussion was part of Launch Wisconsin 2017, a two-day conference for innovators and entrepreneurs.

The three panelists lead innovative organizations that Insight Publications recognized at THINCI!, the Technology and Human Innovation Networking Conference, in May 2017. Margaret LeBrun, Insight's co-publisher and executive editor, moderated the panel.

Rosangela's contributions to the discussion centered on Samaritan's Wellness Screen program, which received Insight's innovation award. Wellness Screen provides school-based mental health check-ups for K-12 students in 10 school systems. (See related article at right.)

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(E3)

- Neenah Joint School District (HOPE)
- Kaukauna Area School District
- New London School District
- Winneconne Community School District
- Omro School District
- Seymour Community School District
- Little Chute School District

Schools can further support the mental health of all students in their classrooms by:

- Helping ensure a positive, safe school environment
- Teaching and reinforcing positive behaviors and decision-making
- Normalizing anxious and depressive symptoms and encouraging students to seek help
- Referring students to school based and community mental health supports

[Learn more](#) about wellness screen and community mental health resources.

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Samaritan Counseling Center

Contact:

[Lisa Strandberg](#)

Director of Development and
Communications

(920) 886-9319 ext. 116