

# Connected Community Wellness Screen Program (CCWS)

Emotional Wellness Matters

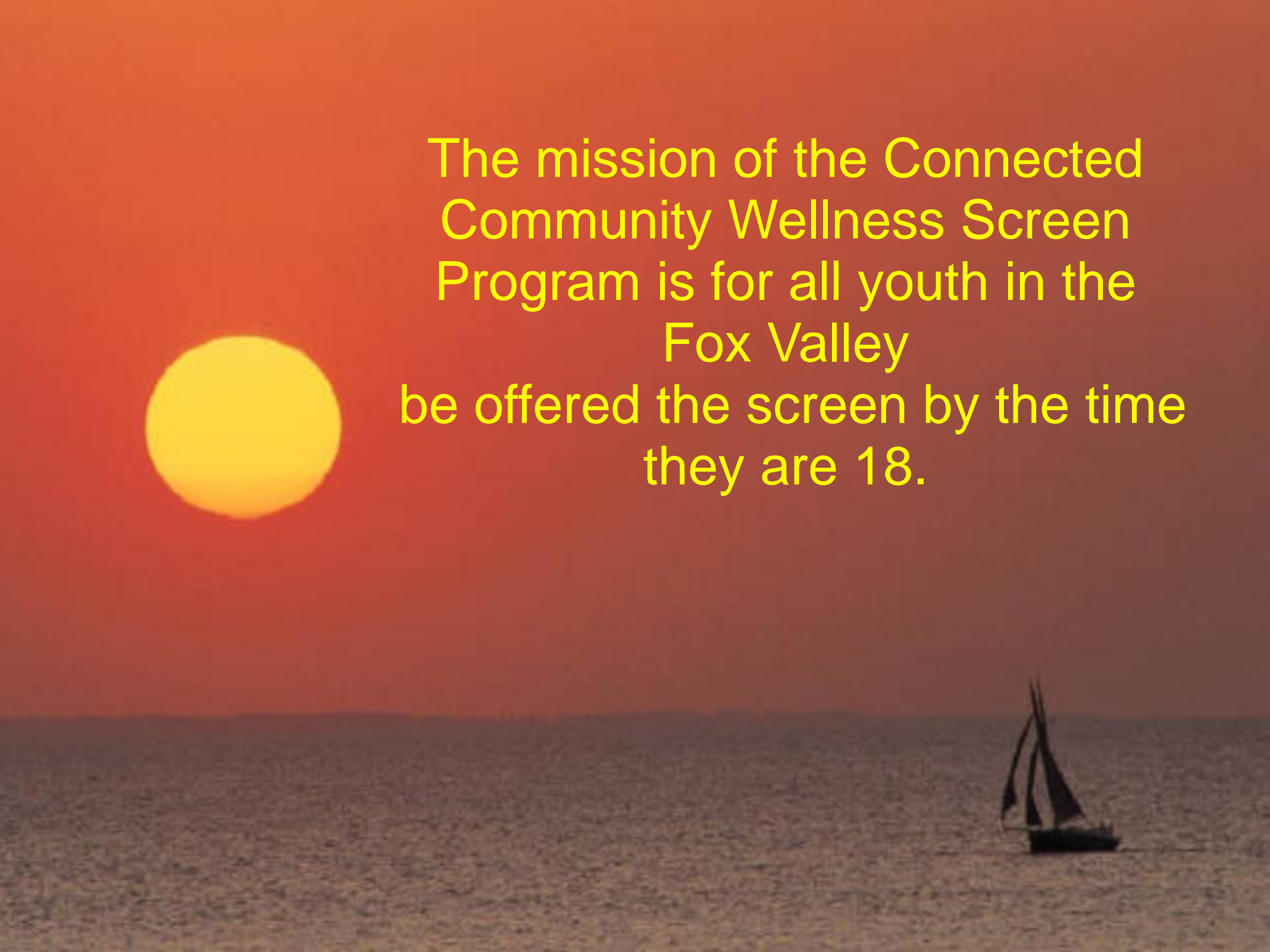
# Teen Years

- Teen years are a time of tremendous change – physical & emotional
- Teen mental health plays important role in academic & personal success
- It is important to check emotional health status in teens just as we check eye sight, hearing etc.
- CCWS is a tool to help parents and teens better understand changes.



# Columbia University – TeenScreen, now Connected Community Wellness Screen

- Developed in 1991, based on research by Columbia University
- 90% of youth who died by suicide suffered from a treatable mental illness
- 63% experience symptoms for at least a year prior to their deaths
- This shattered the myth that suicide is a random and unpredictable event in youth
- Highlighted ample opportunity to intervene and offer connection to community resources that can save lives.
- Now we are using a similar tool, from the Massachusetts General Hospital to assess the health of teenagers and to assist teens in connecting with professional assistance if they need it. (name changed to Connected Community Wellness Screen)

The background of the slide is a photograph of a sunset over the ocean. A large, bright yellow sun is positioned on the left side of the frame. The sky transitions from a deep orange near the horizon to a darker, muted orange at the top. In the lower right corner, a small sailboat with dark sails is visible on the water's surface.

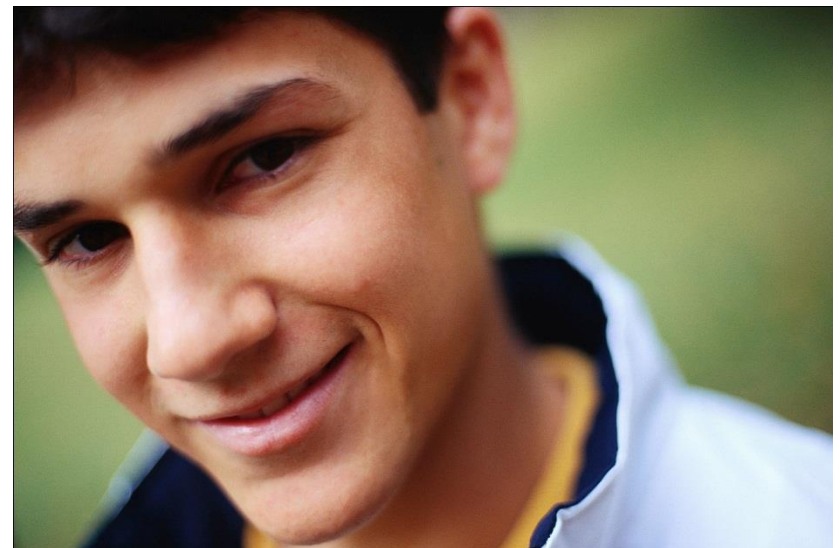
The mission of the Connected  
Community Wellness Screen  
Program is for all youth in the  
Fox Valley  
be offered the screen by the time  
they are 18.

# When your child participates.....

- Offered to all 9<sup>th</sup> grade students, and some middle schools
- Uses active parental consent – parents and students must both give permission. Permission slip **MUST** be returned.
- Free, voluntary and **CONFIDENTIAL**
- 10 Minute - Computerized interview
- We meet with all students after computer interview
- We contact parents **ONLY** if student screens positive
- Assistance connecting to community resources if needed

## What can Wellness Screen do?

- Identify symptoms
- Help to understand the emotional changes of teenage years.
  - “growing pains” or early stages of something more significant.
- Help connect to community resources.



# What are the questions like....



- In the last 3 months...Have you often felt very nervous or uncomfortable when you have been with a group of children or young people, like in the lunchroom, at school, or at a party?
- In the last 3 months...Has there been a time when nothing was fun for you and you just weren't interested in anything?
- Has there been a time when you felt you couldn't do anything well or that you weren't as good-looking or smart as other people?



# What are parents saying....

- “I felt it was a great opportunity to see how my teen was doing.”
- “Thought it would be helpful to him/her as I felt there were issues that I couldn’t help him/her with.”
- “I was grateful for the opportunity to have my (child) screened. Nothing could be negative about a wellness screening.”
- “I thought it was a valuable tool to help screen possible issues. I don’t think teenagers have the best ability to realize when they are having certain emotions that are detrimental to their health and well being”





# What are students saying...

- “Some of the questions were hard to answer because of some events that have happened in the last few months. It was short and straight to the point though”
- “It was a good survey to do and I think all freshman should do it”
- “I thought it was a good idea and the questions were easy to answer”



# Wellness Screening Staff

- Screening staff consists of:  
**Case Managers/Site Coordinators,  
Licensed Clinicians and our Program Coordinator**
- Contact us for more information:

**Connected Community Wellness Screen  
Samaritan Counseling Center  
1478 Kenwood Dr., Suite 1  
Menasha, WI 54952  
920-886-9319**





**There are two things in this world we should give our children, one is roots, and the other is wings.**

