



Hello!

Our monthly e-newsletter, formerly *Journeys*, has a new look! Your feedback on this mobile-friendly format is welcome -- just [send an email](#).

Mental Health Awareness Month is fast approaching, and with it, many ways to invest in community mental health.

You can help women access the mental health care they need through the **Silent Samaritan Campaign** (featured recently on [NBC26](#), [WBAY](#) and [WFRV](#)).

You can gather a group from your faith community and join 60+ others at **Creating Hope: Equipping Faith Leaders for Suicide Prevention, Intervention and Recovery**.

You can learn more about the connection between sleep and adolescent mental health at the **NEW Mental Health Connection's Mental Health Awareness Month Kickoff**.

Improve your community's mental health



Are you a parent, grandparent, educator or caring professional with concerns about adolescent mental health? Join Samaritan and others at the

Compassionate community members can give low-income women access to life-saving mental health care by making a gift to the annual **Silent Samaritan Campaign**. Campaign donors are invited to celebrate together at the **Silent Samaritan Luncheon from 11:30 a.m. to 1 p.m. on May 10, 2018**, at the Grand Meridian in Appleton. **TODAY** is the deadline to RSVP!

RSVP Today

Volunteer and professional faith leaders can play a key role in ministering to the mental health of those they serve. This is especially true when it comes to preventing, intervening in, and ministering in the wake of a suicide. **Creating Hope, set for 8-11:45 a.m. on May 3** at the Grand Meridian, will equip faith communities for this vital work. **Registration closes Fri., April 27.**

Register Now

Mental Health Awareness Month Kickoff, 6:30-8 p.m. on May 1 at OuterEdge Stage, Appleton. You'll hear from teens themselves about [how sleep habits affect their mental health](#) -- and you'll be inspired to encourage the teens in your life to catch some Zzz's for good health.

Get Details

A Sip of Success



You make a difference for counseling clients like "Andi," a pre-teen who was having issues with anger, trust and self-esteem. Andi's parent wrote:

"Andi felt safe talking to her counselor. We saw improvement. It's like we have a different daughter this year."

Celebrate Samaritan's Exciting News!



Welcome, Senia Rodriguez!

Senia recently joined Samaritan as the therapist for Centro Esperanza, a Spanish-language mental health center launched with NAMI Fox Valley in 2017.

Senia is a native of Puerto Rico and has lived in Green Bay for 17 years. She will



Connected Community
**WELLNESS
SCREEN**

Wellness Screen dazzles Impact Club

101 impact venture capitalists. \$10,100 at stake. Five minutes to tell your story.

That was the scene at Impact Club Fox Cities' quarterly gathering in March. Executive director Rosangela Berbert told Samaritan's Wellness Screen story with passion and power. ([Watch it here.](#))

see primarily Spanish-speaking clients in our Menasha and Kaukauna offices.

In the end, the Impact Club investment went to YouthGo. You can see the whole event unfold [here](#). We wish YouthGo well in their amazing mission!



Thanks for your interest and investment in Samaritan. You are a hero to the clients and students who seek our care.

Sincerely,

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