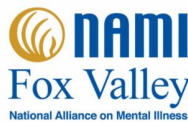


Journeys: Virtual Edition

We connect mind and spirit so individuals, families, organizations and communities thrive. YOU make it possible.

In This Issue

[Faith Leaders: Register now for Creating Hope.](#)
[Designate Thrivent Choice Dollars today!](#)
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Equipping Faith Communities for Suicide Prevention & Recovery

**Thurs., May 3
8-11:45 a.m.**
Grand Meridian
2621 N. Oneida St., Appleton

Our region and our state have higher-than-average adult and youth suicide rates. How can faith leaders and faith communities restore hope, before and after a suicide?

[Creating Hope](#), co-presented by Samaritan Counseling Center and



THE Silent Samaritan CAMPAIGN

Women of strength helping women in need

This annual campaign raises money for our **Samaritan Fund** so low-income women can access the counseling they need.

*For giving a gift of hope to the campaign,
you're invited to a*

Thank You Luncheon

Thurs., May 10, 2018
11:30 a.m. - 1:00 p.m.
NEW LOCATION: The Grand Meridian
2621 N. Oneida St., Appleton

Suggested gift: \$100 or more

[Give and reserve your seat today!](#)

Luncheon Keynote

Executive community
and business leader

NAMI Fox Valley, will explore that question. This workshop equips faith leaders and faith communities to prevent, intervene in, and minister in the wake of suicide.

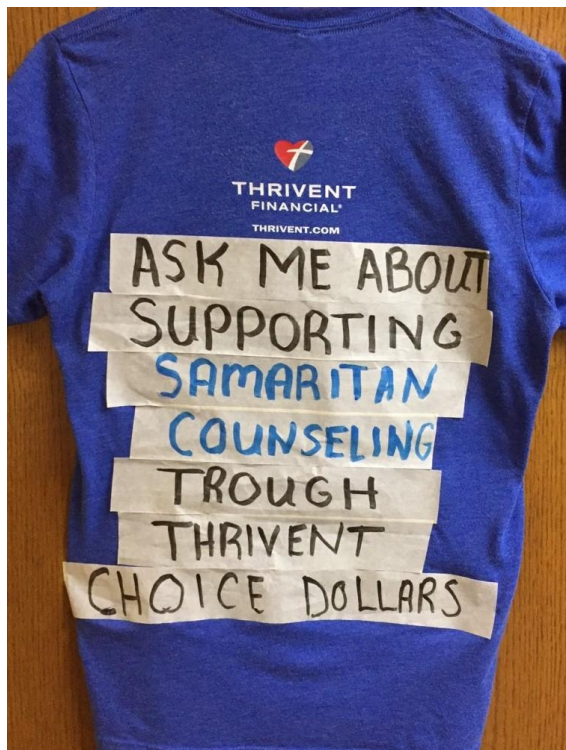
You'll learn to:

- Recognize warning signs and causes of suicide.
- Promote mental health and resiliency.
- Apply basic intervention principles.
- Train others in your faith community to intervene when someone is at risk.
- Identify resources for grief support after a suicide.
- Develop a plan to promote healing and hope as a faith community.

[Register online today](#) for only \$35. Includes breakfast.

 Follow [Creating Hope!](#)

Are you a member of THRIVENT FINANCIAL?



Beth Davis
of Community First Credit
Union
will share her **story of
being a woman in need
and becoming a woman
of strength.**



Meet Therapist Courtney Pohlman



Courtney Pohlman, MA,
LMFT, CSOTP, T4C

Courtney joined Samaritan Counseling in February and is an **experienced licensed marriage and family therapist.**

Courtney's therapeutic approach focuses on helping grow and heal families, couples and individuals as they recover from life challenges.

She works together with her clients to bring hope and resilience to their lives by offering support, flexibility, humor, empathy and positivity.

Courtney works with **victims of domestic violence and sexual abuse.** She has additional training and experience to **support clients healing from trauma.**

Courtney **works with families, adults and couples** for a variety of mental health concerns, including – among

Your 2017 Choice Dollars® designations are due March 31.

Looking for an organization to which you can designate your Thrivent Choice Dollars®?

Eligible Thrivent Financial members can recommend where Thrivent distributes a portion of its charitable outreach funds using a vehicle called Choice Dollars®. This is part of the Thrivent Choice® member-advised charitable grant program.

Samaritan Counseling Center is enrolled in Thrivent Choice® and **accepts Choice Dollars®**.

Designate your Choice Dollars® today and make a difference!

Visit [Thrivent Choice®](#), live generously and learn more.

► Donate Now

✉ Forward to a Friend

✉ Join Our Mailing List



Samaritan Counseling Center
Contact:

others:

- **Anger management**
- **Anxiety/depression**
- **Personality disorders**
- **PTSD/Trauma**
- **Relationships & marriage**
- **Eating disorders**
- **Grief & loss**
- **Bipolar disorder**

Courtney **serves clients ages 5 and up** at the **Menasha** and **New London offices**.

[Learn more](#) about Courtney and our therapy team.



Wellness Screen Takes Part in Kids in Crisis Town Halls

Our Wellness Screen team, which partners with nine school systems to give K-12 students access to free mental health check-ups right at school, was on the go this month.

They took part in two town hall meetings presented by USA TODAY NETWORK-Wisconsin as part of its ongoing Kids in Crisis series. The first was in [Appleton on March 6](#), and the second was in [Oshkosh on March 13](#). Both communities are among those Wellness Screen serves.

Pictured above at the Appleton town hall are (L to R) are Kristine Sack of Lutheran Social Services, Samaritan staff members **Jen Parsons** and **Amy D'Addario**, Samaritan board members **Kathy Mahoney** and **Chloe De Young**, and Samaritan executive director **Rosangela Berbert**.

Learn more about Wellness Screen [here](#).

[Lisa Strandberg](#)

Director of Development and Communications
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