



"Gratitude
makes sense
of our past,
brings peace
for today, and
creates a vision
for tomorrow"
- Melody Beattie

#FITWIFE4LIFE

Good and Grateful

The Good Samaritan surely did not take the wounded man to a random innkeeper. He went to the one he could trust to care for him with skill and compassion, and who would be a good steward of the Samaritan's resources given for that purpose. In the same way, Samaritan Counseling Center is trusted and resourceful. We exist to skillfully and compassionately connect mind and spirit to help people heal and communities thrive.

Living out the Center's mission humbles me and fills me with joy and gratitude every day. Just as our actions and expertise speak for our mission, we must also literally speak more about who we are and what we offer to children, adults, couples, and families in pain or crisis. When we tell people about our distinctive spiritually integrated care, we not only offer people the meaningful help and health they deserve, we also connect with people who will trust us with their resources to carry out our significant life-giving work.

You and our staff members have responded to a deep calling to make a difference in the world. That was true for the founders of the Center in 1970, and it is true for us today. With grateful hearts, let us continue to support one another, share the Samaritan story, and do Good work.

Rosangela Berbert
Executive Director

More Help, Close at Hand

Samaritan Counseling In Oshkosh Expands Staff, Access

In times of trouble, “look for the helpers.” Mr. Rogers, the gentle and wise man at the center of *Mr. Roger’s Neighborhood* on PBS, said his mother gave him this advice when he was a young boy.

Now the Samaritan Counseling Center in downtown Oshkosh has added [two new counselors](#) at our Oshkosh [location](#) inside First Presbyterian Church at 110 Church Avenue. We are happy to welcome Leah Szemborski, MS, LPC, and Gloria Allhiser, MA, LPC-IT, to Oshkosh to work alongside Doug Bisbee, M.Div., MA, LPC. The additional staffing in Oshkosh broadens the availability of counseling specialties and increases access to mental health services for the communities we serve.



Leah Szemborski, MS, LPC



Gloria Allhiser, MA, LPC-IT



Doug Bisbee, M.Div., MA,
LPC

Q&A: Words of Welcome

Q: *Your name includes the word “Samaritan.” Does your counseling focus on religion or any particular faith?*

A: Our counselors are trained to help clients use their own spirituality or faith as a resource for personal healing and growth. It is the individual client who determines whether and how spirituality and faith will play a role in their counseling. No one needs to adhere to a particular religion or value system to seek help at our counseling center.

At Samaritan, we respect, value, and affirm the sacred dignity of each person and welcome all who seek our help.

A Season of Wishes

It's the season of wishes, and Samaritan Counseling Center has a wish list of our own. If you are able to contribute the following items in support of our mission, please contact Jill Harp at jharp@samaritan-counseling.com, 920-886-9319 ext. 155, or mail your financial contribution to 1478 Kenwood Dr., Ste. 1, Menasha, 54952 with a note in the memo section to identify its purpose. We are grateful for your caring support.

- Boxes of Facial Tissue
- Coffee K-cups
- Office Max gift cards
- \$80 to support a counseling session for an underinsured child or adult
- \$30 to purchase a laptop case for a Connected Community Wellness Screen staff member who works with youth in schools across the region
- \$25 to purchase a set of computer speakers for use in therapy sessions
- \$15 Spanish-language youth and adult therapy books



Helping Teens with Hurt Feelings

by Karen Aspenson

Teens' hurt feelings can spiral to extremes when they internalize the opinions of others. We can help them put the comments of other people in perspective so they don't take them personally and allow comments or remarks to weigh on their hearts and minds. [Read More ...](#)

A Sip of Success



"Samaritan Counseling is really a blessing. I received outstanding one-on-one counseling that really hit home, both spiritually and for my overall well-being. My counselor is truly passionate and called by God to do her work. Our connection was true and sincere."

Let's Stay in Touch

Thank you for your interest and investment in Samaritan. You are a hero to the clients and students who seek our care.

Sincerely,

Rosangela Berbert
Executive Director
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