

December 2018 – Agency E-newsletter



A Season of Light and Hope

It is a season of light and hope. As we light candles, string lights on trees, and mark the solstice, we are tuned into the increasing light of longer days ahead, ultimately leading to spring. For many, lighting a single light is a symbol of hope in the future and belief in a promise of better days. Samaritan is built on the promise of spiritually integrated mental health care that helps people string together lights along their path of life. I am happy to be a lamplighter as I embark on my new leadership role on the Samaritan board of directors in 2019. Together, let's continue to illumine one another's journeys in the manner we have been gifted.

Greg Watling

Pastor, First Congregational United Church of Christ in New London

Board President-Elect (2019), Samaritan Counseling Center [Read Greg's bio](#)

The photo above is our joyful and generous staff at Samaritan earlier this month. They donated gifts for two families in need through the Boys' and Girls' Brigade Christmas Giving Program.



Did You Know?

Samaritan Counseling Center offers Spanish-language counseling, group support, and mental health programming through Centro Esperanza (“Center of Hope”) in collaboration with NAMI Fox Valley, a member of the National Alliance on Mental Illness.

Established in 2017, Centro Esperanza has increased its Latino adult clients nearly fivefold in the past 12 months (from 12 to 58) and doubled the number of youth clients served (from 10 to 20).

The purpose of Centro Esperanza is to help Latino adults and children in our community access effective, high-quality, culturally appropriate mental health treatment and support. As a result, they become mentally healthier and better equipped to parent and raise more resilient and successful kids—in the end, the whole community benefits. Spanish language counseling is offered at Samaritan Counseling Center’s Menasha and Kaukauna locations. [Learn more.](#)



A Sip of Success

I have nothing more to say than to thank you for helping me save my marriage. Until the day God allows me, I will be eternally grateful. I want to thank you for your help and professionalism.

Thank you!

No tengo nada más que decir que agradecerte por ayudarme a salvar mi matrimonio. Hasta el día que Dios me permita, estaré eternamente agradecida. Quiero agradecerte por tu ayuda y profesionalidad. ¡Gracias!

-Submitted by a Centro Esperanza client

Ready to Serve the Community, Students

Samaritan Counseling & Wellness Screen In New London



Elysabeth Meehan, MSW,
APSW



Courtney Pohlman, MA,
LMFT, CSOTP, T4C



Christy Webster, MSW,
LCSW, CSAC

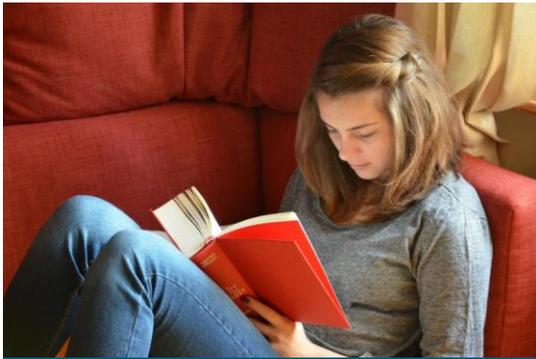
Samaritan Counseling Center has been in New London since 1993. Originally located within the First Congregational Church of New London, the local Center moved to the New London United Methodist Church at 709 W. Pine Street in 2006, and office space was expanded there in 2017.

In 2016, Samaritan also brought the [Connected Community Wellness Screen Program](#) to ninth graders at New London High School and when school staff make referrals. This program helps identify young people with mental health concerns and connect them to services.

Elysabeth Meehan, MSW, APSW; Courtney Pohlman, MA, LMFT, CSOTP, T4C; and Christy Webster, MSW, LCSW, CSAC [staff](#) the Center on Mondays, Tuesdays, and Thursdays. They offer counseling for children, teens, and adults of all economic means, including AODA services, to help strengthen individuals, families, and communities.

We are grateful for the support of the New London United Methodist Church, First Congregational United Church of Christ, United Way New London, the New London School District, and our many local individual donors who make it possible for us to serve the people of New London.





Help Teens with Holiday Pressures

By Courtney Pohlman

Teenage people have a lot on their plates during the winter holiday season. School is in full swing, exams are looming, and there are extra activities and work obligations. Teens also live with one foot in childhood and the other in adulthood. [Learn how to help them](#) navigate the holidays in a healthy way.

Let's Stay in Touch

Thank you for your interest and investment in Samaritan. You are a hero to the clients and students who seek our care.

Sincerely,

Rosangela Berbert

Executive Director

Samaritan Counseling Center

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