

# SAMARITAN COUNSELING CENTER'S AGENCY E-NEWSLETTER

## JUNE 2019



### Congratulations, Elysabeth Meehan, MSW, LCSW

#### Newly Licensed Psychotherapist



We are proud to congratulate our Samaritan colleague and friend on her recent licensure as a licensed clinical social worker/psychotherapist. [Elysabeth Meehan](#) is a child, family, and adult counselor who is experienced in working with clients, ages 6-86, with a variety of mental and behavioral health concerns.

To achieve this significant professional milestone, Elysabeth earned her master's degree in social work at Indiana University and passed a national licensing exam to become an advanced practice social worker. She has since completed more than 3000 supervised hours in a clinical setting to prepare for her most recent national exam where she earned her licensed clinical social worker (LCSW) designation. This summer Elysabeth will mark her two-year anniversary at Samaritan Counseling Center.

Elysabeth especially enjoys working with people to strengthen and improve relationships and working with men who have faced domestic violence charges. She sees clients at Samaritan's Counseling Center's Menasha and Oshkosh [locations](#).

## Help Your Young Person Blossom

### 6 Ways to Foster Summertime Mental Wellness

*By Dr. Tracy Siebers, Clinical Director at*

*Samaritan Counseling Center*



School's out for summer, and now our young sons and daughters may need help to recalibrate their schedules to nurture their mental and emotional wellness. A summer spent on screens or without meaningful activities has the potential to stall their development and waste opportunities for insightful experiences and supportive relationships. Caring adults should help guide the young people in their lives to invest in these summertime activities and routines:

[read more](#)



*The Fox Valley Ethics in Business Summit is an educational opportunity for professionals seeking enrichment opportunities and continuing education credits. We advance the conversation around ethical best practices to shape a more vibrant community. Keynote speaker **Susan Divers** will discuss moral leadership and trust in organizations. The interactive summit is for executives, HR professionals, legal professionals, elected officials, financial professionals, educators, and more.*

## Ethics in Business Summit

Oct. 1, 2019

7:30-10:45 a.m.

Bridgewood Resort & Convention  
Center, Neenah

Click [here](#) for event details.

## Become a Partner in *Ethics in Business*

Please consider partnering with us to offer this vital summit. Contact [Jane Frantz](#) for more information about sponsorship opportunities.

### *Meet Carolynn Brown-Schoening 2019 Connie Steele Woman of Strength*

**Carolynn Brown-Schoening** was named the 2019 Connie Steele Woman of Strength at our May 9 [Silent Samaritan Thank You Luncheon](#). Carolynn possesses unbounding energy, very high moral and ethical standards, and strong faith. A teacher/counselor in the Neenah Joint School District for over three decades, Carolynn was described by her boss as the “most intuitive and effective counselor I’ve ever met.” [Learn more about Carolynn.](#)



## “Spokes” People Bike for What They Like



Become a **Samaritan “Spokes” Person** when you join a growing group of enthusiastic staff, volunteers, friends, and board members to raise money for Samaritan Counseling Center as part of **Race the Lake**, an 88-mile bike loop around Lake Winnebago to be held on **August 25, 2019**. Samaritan's participation is a new initiative to engage energetic people who like to give *and* give-it-their-all through active participation and camaraderie. "We want more people to learn about and support Samaritan as they navigate life," said Jane Frantz, Samaritan's Development Director, and a past participant in Race the Lake. "There is a definite connection between exercise and mental well-being,"

Jane said this outing is also designed to help strengthen the staff/board connection and have some fun outside the office. "We already have eight riders signed up, and the energy is building." To learn more or to join the **Samaritan Cyclists**, please **contact Jane**. Pledges will be designated for a newly created Employee Enrichment fund to reward, renew, and retain staff.



*Jane Frantz (in yellow) rode 88 miles around Lake Winnebago and raised \$950 for charity as part of Race the Lake. Just imagine what we could do for Samaritan! This year's Race the Lake is on August 25, 2019.*

# Creating Hope in the Midst of Addiction

## *May 30 Event Helps Faith Leaders, Communities*

Nearly 50 members of area congregations gathered at the Grand Meridian on May 30 to learn about addiction and its impact on individuals, families, employers, and the community-at-large. The seminar educated faith leaders on how to recognize addiction and equipped them with resources to share with their members. The captive audience heard two powerful testimonies: one from a mother of a son living with addiction, and another from an addict in recovery living with mental health issues. Exhibitors from community resources included Catalpa Health, Apricity, Daybreak, 211, the Appleton Police Department, NAMI, NOVA, ThedaCare Behavioral Health, and Poetry and Photography of Hope and Healing. Warren Utecht from Alliance Church said it was time well spent. “The most important point I learned is that a traumatic event in a young person’s life can have a strong correlation to substance abuse later in life.”



*An engaged crowd at **Creating Hope** on May 30 learns about addiction and resources to help faith community members.*



*Karl Koenig and Warren Utecht, elders at **Alliance Church** in Appleton, gathered information on community resources that focus on addiction and recovery.*

# UW-Fox Valley and Samaritan Counseling Center

## Neighbors Helping Neighbors



Samaritan Counseling Center staff was recently recognized for 11 years of outstanding dedication, support, and service to **UW-Fox Valley** students and the wider campus community. Samaritan and UW-Fox Valley are just two blocks apart in Menasha, good neighbors indeed!

*Top row: Rosangela Berbert, Doug Bisbee, Tracy Siebers; Bottom row: Hannah Keesler and John Schaller,*

*all of Samaritan Counseling Center.*

### Let's Stay in Touch



*We are called to be nimble and innovative to meet the mental health needs of our communities. We are increasing our staff, reevaluating our space, and expanding our capacity to offer the services that will help improve the mental health of the people we serve. As we approach a half century of successful service to the community, Samaritan Counseling Center remains flexible, balanced—and resilient!*

*Thank you for your interest and investment in Samaritan. You are a hero to the clients and students who seek our care.*

Sincerely,

Rosangela Berbert  
Executive Director  
Samaritan Counseling Center  
(920) 886-9319  
[rberbert@samaritan-counseling.com](mailto:rberbert@samaritan-counseling.com)

[www.samaritan-counseling.com](http://www.samaritan-counseling.com)

